

## Week against loneliness

Since 2010, the week against oneliners has been organized. The first week of Oktober has been designated for tis. The periode from 1 to 8 Oktober. It is mail municipalities that are entourage to develop activities. I woud like to be quieto with you and determineer our thoughts on oneliners. I want to do tata by elaborating on tree points from my field of view.

A) Manie activities focus on ding something together. Waling socializing. Ant so on. Everything in large. Thate is difficult for the dis bled and the elderly.

Oneliners does occur in alla age categories. The intenties are good, Many People are lonely. Party due to the Corona virus infect ons. Feeling money and alone is malloten to many, just the elderly.

B) Loneliness is not such a sensitive problem for me. In this past week, the date October 7, I commemorated the connection with my wife 65 years ago. She has now been gone from my life for almost 4 years and I am left alone. And so alone, but not lonely. Someone asked me, a good year after my wife's death, is it bad to be lonely? After some thought I could say, NO, I am not lonely or alone. My children, grandchildren and loyal friends surround me. There are times when I miss my wife enormously. My thought went to the Latin phrase Non Solus, not that alone, does not me an lonely. Since that conversation I've been on my own genealogy website the column; "Non Solus", start writing ,. That was the date April 15, 2018. In this column I try not to criticize but to indicate experience and events that I am not alone. It strikes me myself that in the past two and a half years I have the weekly column. I also have the mirror myself can claim to always be and remain positive

C) Back to our wedding date October 7, 1955. After 65 years, October 7, 2020 follows the commemoration of me that I want to experience alone. No visitors, just really alone. I don't feel lonely, I want to be alone. Only thinking about what was then in the old church of Rijswijk. The minister who consecrated our covenant asked us emphatically; "Do you promise in this church that you will be and remain faithful to one another, for better and for worse, in joy and misery according to body and spirit and death alone will separate you, what is You answer to that.

" We have said yes wholeheartedly, and with sincerity to one another, fulfilled that covenant that was made, and death put an end to our promise. We chose the path from Alpha to Omega (the beginning and the end). The road for over 60 years. Our guidance was chosen from the text There is Faith, Hope and Love. 1 Corinthians 13:13 We have always prioritized love for one another. The

commemoration, the standing still alone makes me deeply happy and the knowledge that many people remembered with me on that 7th October of that year reinforced my Non Solus feeling with the many pluses and minuses and the love that now surrounds me. Non Solus

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